

Physical Therapist Assistant, AAS

Program Description

A physical therapist assistant (PTA) is licensed to practice physical therapy under the supervision of a physical therapist (PT). This is one of two entry points into the field of physical therapy. PTAs treat people who are recovering from injuries to the bones and joints, brain and nerves, problems with pain, developmental complications, and movement disorders. Their main purpose is to assist people with reaching their optimal level of health and function. They help people to recover their ability to walk, heal from wounds, and overcome the effects of injuries and other health problems. Physical therapists (PTs) are responsible for evaluating and treating people who need physical therapy services. They identify problems that physical therapy can address, create goals, and decide what treatment the person will receive. PTAs work anywhere that physical therapists work, including hospitals, rehabilitation centers, outpatient clinics, skilled nursing facilities, schools, and home health. Specialty areas in physical therapy include orthopedics, neurology, pelvic health, vestibular, and more. PTAs work exclusively under the direction of physical therapists – this is required by professional ethics, codes of conduct, and by law.

Licensure

Utah Tech Physical Therapist Assistant program graduates are eligible to sit for the National Physical Therapy Exam (NPTE), a required step toward receiving a physical therapist assistant license. The NPTE is administered through the Federation of State Boards of Physical Therapy (FSBPT), whose mission is to protect the public by providing service and leadership that promote safe and competent physical therapy practice.

Professional Licensure/Certification (PLC) Requirements

The curriculum for programs at Utah Tech University leading to professional licensure are designed to prepare students for Utah licensure and certification requirements. Admission into programs for professions requiring licensure and certification does not guarantee that students will obtain a license or certificate. Licensure and certification requirements are set by agencies that are not controlled by or affiliated with the University, and licensure and certification requirements can change at any time.

Licensure boards in each state establish requirements for licensure and certification for their respective state. States vary by which professions are required to be licensed and how licensure functions, and such requirements may change at any time. The terms related to licensure and certification, among others, also vary by state as well.

Students and prospective students are strongly encouraged to contact the state licensure entity in the state where they intend to work to review all licensure and certification requirements imposed by the student's state(s) of choice. The University cannot provide verification of a student's ability to meet licensure or certification requirements unrelated to its educational programming. Some states require individuals to complete additional requirements that are unrelated to educational prerequisites. For more information, visit the State Authorization and Professional Licensure (<https://academics.utahtech.edu/state-authorization/>) web page and select the program, or speak to the director of the program.

Utah Tech University shall not be held liable if a student is unable to qualify for licensure or certification in any jurisdiction.

This disclosure is made pursuant to 34 CFR §668.43(a)(5)(v)(C).

Accreditation

The Physical Therapist Assistant program at Utah Tech University is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteline.org> (<http://www.capteline.org>).

Admission Requirements

For admission requirements into the Physical Therapist Assistant program, visit the program website (<https://health.utahtech.edu/physical-therapist-assistant/program-admissions/>) (following this link will take you out of the University Catalog).

Program Curriculum

82 credits

Code	Title	Hours
General Education Requirements ¹		
ENGL 1010 or ENGL 1010D	Introduction to Writing (EN)	3-4
ENGL 2010	Interm Writing Selected Topics: (EN)	3
MATH 1040 or MATH 1030 or MATH 1050	Introduction to Statistics (MA) (preferred) Quantitative Reasoning (MA) College Algebra / Pre-Calculus (MA)	3-4
FSDH 1500 or PSY 1100	Human Development Lifespan (SS, GC) Human Development Through Lifespan (SS, GC)	3
COMM 1020 or COMM 2110	Public Speaking ((HU, GC)) Interpersonal Communication (SS, GC)	3

¹ The above listed General Education requirements can be completed before or during the PTA program. All General Education requirements must be passed with a grade of C or higher.

Code	Title	Hours
Program Prerequisites		
BIOL 2320 & BIOL 2325	Human Anatomy and Human Anatomy Lab	5
BIOL 2420 & BIOL 2425	Human Physiology and Human Physiology Lab	4
HLOC 1000	Medical Terminology	2
PTA 1010	Introduction to Physical Therapy	2

Code	Title	Hours
Discipline Core Requirements		

Admission to the Physical Therapist Assistant program is required.

Semester I

PTA 2010	Kinesiology	2
PTA 2011	Kinesiology Lab	2
PTA 2110	Fundamentals Physical Therapy	2
PTA 2111	Fundamentals Physical Therapy Lab	2
PTA 2400	Clinical Pathology	3

Semester II

PTA 2000	Practice Issues	2
PTA 2200	Physical Agents	2
PTA 2201	Physical Agents Lab	2
PTA 2210	Observation & Measurement	2
PTA 2211	Observation & Measurement Lab	2
PTA 2300	Orthopedic Rehabilitation	2
PTA 2301	Orthopedic Rehabilitation Lab	2

Semester III

PTA 2605	Clinical Practicum (ALPP)	4
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Semester IV

PTA 2410	Special Clientele	2
PTA 2411	Special Clientele Lab	1
PTA 2520	Neuromuscular Rehabilitation	2
PTA 2521	Neuromuscular Rehabilitation Lab	2
PTA 2530	Seminar	4

PTA 3000	Clinical Skills	2
Semester V		
PTA 2705	Clinical Affiliation I (ALPP)	6
PTA 2805	Clinical Affiliation II (ALPP)	6

Graduation Requirements

1. Complete a minimum of 82 college-level credits (1000 and above).
2. Complete at least 20 semester hours of credits at Utah Tech for institutional residency.
3. Cumulative GPA 2.0 or higher.
4. Minimum 2.7 GPA in Program Prerequisite courses.
5. Minimum cumulative GPA 2.75 in Discipline Core Requirement courses.

Graduation Plan

1st Year

	Spring Semester	Hours
	PTA 1010	2
	BIOL 2320 & BIOL 2325	5
	BIOL 2420 & BIOL 2425	4
	HLOC 1000	2
		13

2nd Year

Fall Semester	Hours Spring Semester	Hours Summer Semester	Hours
PTA 2010	2 PTA 2000	2 PTA 2605	4
PTA 2011	2 PTA 2200	2	
PTA 2110	2 PTA 2201	2	
PTA 2111	2 PTA 2210	2	
PTA 2400	3 PTA 2211	2	
COMM 1020 or 2110	3 PTA 2300	2	
ENGL 1010 or 1010D	3 PTA 2301	2	
	FSHD 1500 or PSY 1100	3	
	17	17	4

3rd Year

Fall Semester	Hours Spring Semester	Hours
PTA 2410	2 PTA 2705	6
PTA 2411	1 PTA 2805	6
PTA 2520	2	
PTA 2521	2	
PTA 2530	4	
PTA 3000	2	
ENGL 2010	3	
MATH 1030, 1040, or 1050	3	
	19	12

Total Hours 82

AAS Physical Therapist Assistant Program Learning Outcomes

At the successful conclusion of this program, students will be able to:

1. Utilize cognitive, affective, and psychomotor interventions under the direction and supervision of a physical therapist.
2. Uphold principles of ethical conduct for the PTA in all areas of practice as identified by the APTA.
3. Emphasize evidence-based physical therapy practice to drive professional growth within the profession.
4. Demonstrate the skills required of an entry-level PTA in carrying out the plan of care (POC) and work as an effective member of the PT/PTA team.
5. Utilize effective oral and written communication skills with patients, their families, caregivers, other health care providers, and the community.