

# Psychology, BA

## Program Description

The Bachelor of Arts (BA) degree in Psychology is designed to prepare students to become scientifically literate citizens who apply an understanding of scientific principles and findings to benefit the communities they belong to. Successful graduates of the BA in Psychology will be familiar with the major concepts, theories and historical trends of psychology, and can apply their understanding of these ideas and principles to solve problems relating to behavior and mental processes. Through their experiences inside and outside the classroom, students learn to apply what they learn about human behavior and mental processes to improve their personal and social well-being, and to advance their personal and career goals.

## Program Curriculum

**120 credits**

### Utah Tech General Education Requirements

All Utah Tech General Education requirements must be fulfilled. A previously earned degree may fulfill those requirements, but courses must be equivalent to Utah Tech's minimum General Education standards in American Institutions, English, and Mathematics.

General Education Core Requirements ([catalog.utahtech.edu/programs/generaleducation/#gerequirementstext](https://catalog.utahtech.edu/programs/generaleducation/#gerequirementstext))

Code	Title	Hours
English		3-7
Mathematics		3-5
American Institutions		3-6
Life Sciences		3-10
Physical Sciences		3-5
Fine Arts		3
Literature/Humanities		3
Social & Behavioral Sciences		3

Code	Title	Hours
<b>Bachelor of Arts: Foreign Language Requirement</b>		<b>3-16</b>

#### Complete one of the following:

- Complete 16 credits in a single foreign language, through earned credit (grade C or higher), credit by examination, or vertical credit from the courses listed on the GE Foreign Language Requirement page <sup>1</sup>
- Complete a 2020 or higher foreign language course (grade C or higher)
- Complete a 3060 foreign language course listed below (grade C or higher)
- Receive 16 transfer credits for GEFL 1000 (8) and GEFL 2000 (8) in a single foreign language (grade C or higher)

#### OR

#### Complete a 1010 course listed below in a second foreign language (grade C or higher) AND one of the following:

1. In a language not taught at Utah Tech, receive 12 FLATS exam credits for FLAT 1000 (8) and FLAT 2000 (4)  
or
2. In a language not taught at Utah Tech, receive 12 transfer credits articulated as GEFL 1000 (8) and GEFL 2000 (4) (all grade C or higher)

#### OR

#### Available only to students who are nonnative English speakers, complete one of the following:

- Complete 16 credits of ESL courses listed below (grade B or higher)
- Complete ESL 2750 or ESL 2760 (grade B or higher).
- Submit one of the following test scores required for unconditional Utah Tech admission: TOEFL (61 iBT, 173 CBT, or 500 PBT); or Michigan (70); or USU-IELE equivalent score. Other tests may be accepted for admission to Utah Tech but will not fulfill this requirement. Official scores must be submitted to the Registrar's Office.

**Total Hours**

**3-16**

<sup>1</sup> General Education Foreign Language Classes may be found on the General Education page. ([catalog.utahtech.edu/programs/generaleducation/#gerequirementstext](http://catalog.utahtech.edu/programs/generaleducation/#gerequirementstext))

Code	Title	Hours
<b>Core Psychology Requirements</b>		
MATH 1040	Introduction to Statistics (MA) (meets GE Mathematics requirement)	3
PSY 1010	General Psychology (SS, GC) (meets GE Social & Behavioral Sciences requirement)	3
PSY 1100 or FSHD 1500	Human Development Through Lifespan (SS, GC) Human Development Lifespan (SS, GC)	3
PSY 2000	Writing in Psychology: APA Style	3
PSY 2400	Psychology of Abnormal Behavior	3
<b>Bachelor of Arts Requirements</b>		
PSY 2100	Cognitive Psychology	3
PSY 2500	Social Psychology	3
PSY 3020	Applied Research Methods in Psychology	3
PSY 3460	Health Psychology	3
PSY 4000	History of Psychology	3
PSY 4920	Capstone Seminar in Psychology	3
<b>Depth Content Area Requirements</b>		
Complete one (1) course each from at least three (3) Depth Content Area categories.		
Developmental:		
PSY 3200 or PSY 3220 or PSY 3230	Development in Infancy & Childhood Adolescence and Emerging Adulthood Adult Development & Aging	3
Cognitive:		
PSY 3712 or PSY 4140 or PSY 4150	Human Learning & Memory Cognitive Neuroscience Sensation & Perception	3
Clinical:		
PSY 3320 or PSY 3440 or PSY 4300 or PSY 4350	Introduction to Clinical Psychology Child & Family Mental Health Introduction to Counseling & Psychotherapy Introduction to Marriage and Family Therapy	3
Social:		
PSY 3420 or PSY 3700 or PSY 4200	Psy of Culture & Diversity Personality Theory Psychology of Morality	3
Applied:		
PSY 3450 or PSY 4440 or PSY 4510	Intro to Child Life Theory & Practice Addiction Industrial-Organizational Psychology	3

### Writing Intensive Requirements

Complete a minimum of 9 credits of Depth Content Area courses that are Writing Intensive (4000-level or higher). These Writing Intensive courses are not required to come from different Depth Content Areas, and the Writing Intensive courses may also fulfill the Depth Content Area requirements.

### Psychology Electives

Complete a minimum of 12 credits of additional PSY courses; (9 credits must be upper-division)

## Graduation Requirements

1. Complete a minimum of 120 college-level credits (1000 and above).
2. Complete at least 40 upper-division credits (3000 and above).
3. Complete at least 30 upper-division credits at Utah Tech for institutional residency.
4. Cumulative GPA 2.0 or higher.
5. Grade C or higher in each Core Discipline, Research Area, and Psychology Elective course.

## Graduation Plan

### 1st Year

Fall Semester	Hours Spring Semester	Hours
First Year Recommended Elective	2 PSY 1100	3
PSY 1010	3 ENGL 2010	3
ENGL 1010	3 Foreign Language 1020	4
MATH 1010 (if needed)	4 General Education (Life Sciences) (catalog.utahtech.edu/programs/generaleducation/#gerequirementstext)	3
Foreign Language 1010	4	
	<b>16</b>	<b>13</b>

### 2nd Year

Fall Semester	Hours Spring Semester	Hours
PSY 2000	3 PSY 2100	3
MATH 1040	3 PSY 2400	3
General Education (Fine Arts) (catalog.utahtech.edu/programs/generaleducation/#gerequirementstext)	3 General Education (American Institutions) (catalog.utahtech.edu/programs/generaleducation/#gerequirementstext)	3
General Education (Literature / Humanities) (catalog.utahtech.edu/programs/generaleducation/#gerequirementstext)	3 PSY 2500	3
Foreign Language 2010	4 Foreign Language 2020	4
	<b>16</b>	<b>16</b>

### 3rd Year

Fall Semester	Hours Spring Semester	Hours
PSY 3020	3 PSY 3460	3
PSY Writing Intensive Depth Req.	3 PSY 4000	3
Upper Division Elective	3 PSY Writing Intensive Depth Req.	3
General Elective	3 General Elective	3
General Education (Physical Sciences) (catalog.utahtech.edu/programs/generaleducation/#gerequirementstext)	3 General Elective	3
	<b>15</b>	<b>15</b>

### 4th Year

Fall Semester	Hours Spring Semester	Hours
PSY Writing Intensive Depth Req.	3 PSY 4920	3
Psychology Elective: Upper Division	3 Psychology Upper Division Elective	3
Upper Division Elective	3 Psychology Upper Division Elective	1
General Elective	3 General Elective (Upper division)	3
Psychology Elective	3 General Elective	3
	<b>15</b>	<b>13</b>

**Total Hours 119**

## **BA Psychology Program Learning Outcomes**

At the successful conclusion of this program, students will be able to:

1. Differentiate and compare major concepts, theoretical perspectives, historical trends, and empirical findings within psychology, and discuss behavioral problems.
2. Use scientific reasoning to examine psychological phenomena; demonstrate psychology information literacy; engage in innovative and integrative thinking and problem solving; understanding and appropriately utilizing basic scientific methodology; and incorporate sociocultural factors in scientific inquiry.
3. Apply ethical standards to critique and evaluate psychological science and practice in the context of various communities.
4. Demonstrate competence in writing and in oral and interpersonal communication skills, including their ability to utilize research to compose original arguments/hypotheses, as well as to revise their writing.
5. Apply psychological principles to real world practical experience and show evidence of career preparation.